

## Colonoscopy Prep Shopping List

Purchase the following items from  
your local pharmacy and/or grocery store:

- Magnesium Citrate **10-ounce bottle (1)**



OR

- Dulcolax® laxative tablets (bisacodyl)  
**5 mg tablets (2)**



OR

- MiraLAX® (polyethylene glycol 3350)
- 119-gram bottle (1)**
  - 238-gram bottle (1)**
  - 510-gram bottle (1)**



OR

- Sports Drink **64 ounces - NO RED or PURPLE**
- Gatorade® or Powerade®
  - G2® or Powerade Zero™
  - Propel® Electrolyte Water



- Phillips' Milk of Magnesia® (milk of magnesia)  
**360 mL/12 ounces**



OR



- Gas X® (simethicone)  
**125 mg tablets (4)**



OR

