

Name:

D.O.B.



Dear Patient,

You are scheduled for a nutrition education appointment with a Registered Nurse on _____ at _____ (arrival time) at GI Associates 411 Westwood Dr., Wausau, WI.

We feel it would be helpful for you to meet with a Registered Nurse to discuss nutrition recommendations related to your diagnosis.

Included is a food journal for you to complete over the next 3 days, so we can review together and discuss it at the time of your visit. **While we know this will take some time to fill out, it is important you complete this to make the most of your visit and allow the Registered Nurse to assist you.**

During this visit, we will discuss your current diet regimen and what is recommended for your diagnosis to help you feel better/treat your condition. This visit is a time to **specifically discuss nutrition-related topics**. If you currently have questions or concerns related to symptoms or medication (for your condition), please call our office prior to this visit to speak directly with a Triage Nurse.

We look forward to meeting with you!

Sincerely,
The RN Nutrition Education Team at GI Associates

04/10/2026

